



Gluten free Happy Hour Menu

STARTERS

Skins n Dips– Choose 2 dips: BBQ, Sour cream, Garlic mayo or sweet chilli
£3.70

Nachos – Crisp corn chips topped with melted cheese, onions, tomatoes & jalapenos £5.50

(add spicy chicken or chilli for an extra £1.95)

Prawn cocktail – prawns on a bed of lettuce served with Marie Rose sauce
£5.50

Crispy chicken wings – Served with either BBQ sauce or hot style with louisiana sauce £4.00

Garlic Bread £5.50

Garlic Bread & tomato £5.75

Garlic Bread & cheese £6.00

Tex Mex Dishes

Chilli con carne – with Mexican rice, corn chips and sour cream £6.95

Texas two Step – half a rack of ribs in BBQ sauce and chicken served with either rice or fries £10.95

Baby back ribs – rack of ribs coated in either BBQ or Jack Daniels glaze, served with either rice or fries and coleslaw on the side £13.50

Fajitas – served on a sizzling skillet with onions & peppers, accompanied with two warm corn tortillas, lettuce, salsa, sour cream & cheddar cheese. Choose from: **King prawns** £11.50, **Chicken** £10.50, **Spiced steak** £10.95, **Chargrilled Mediterranean vegetables** £9.25

Chicken fajita salad – Chicken strips set on a bed of lettuce leaves, onions & peppers, accompanied with salsa & sour cream £10.50

Gamberoni

Garlic King Prawns – King prawns in garlic butter served with Mexican rice and balsamic glaze £11.50

Mediterranean King Prawns – in a tomato and garlic sauce served on a bed of Mexican rice £11.50

Gluten free Pizzas

Margherita (cheese & tomato) £8.00

Funghi (cheese, tomato & mushroom) £8.50

Pepperoni (cheese, tomato & pepperoni) £8.90

Pollo (chicken) dishes all served with either rice or fries

BBQ Chicken – chicken breast oven baked in our own BBQ sauce £8.95

Mexican Chicken – chicken breast in spiced tomato, cream & coriander sauce with mushrooms, onions & peppers £10.50

Blackened Caribbean Chicken- chicken breast in a cajun spiced crust in a white wine cream sauce with red chillies & pineapple £10.50

Tia's hanging Kebabs

basted in garlic, sweet chilli & ginger served with garlic butter, mushrooms, peppers & fries:

Chicken £9.95

Steak £10.50

King Prawn £10.95

SPECIALS

Vegetarian Skewers – chunky pieces of peppers, aubergines, courgette, mushrooms & tomatoes with rice and a cool cream tomato and coriander infused sauce **£11.95**

Chicken & Chorizo Skewers served on a bed of Mexican rice with a cool cream tomato & coriander infused sauce **£16.90**

Ribeye cooked to your liking, either plain or blackened with cajun spices, with fries & oven roasted vine tomatoes and mushrooms **£17.50** (add a sauce: Dianne, cracked pepper or blue cheese for an extra £2.50)

Fillet of Salmon in Jack Daniel glaze- served with rice & Mediterranean vegetables **£13.85**

Salmon in cream & King Prawn sauce – served with Mediterranean veg and rice or fries **£16.40**

Surf & Turf – 8oz Ribeye (plain or blackened) and king prawns served with fries and grilled vine tomatoes **£20.50**

BBQ Chicken & Rib sizzler – chicken breast & half a rack of ribs in BBQ sauce with onions, peppers & courgettes, served with Mexican rice **£16.50**

Side Dishes

Refried beans **£2.95**

Guacamole **£2.95**

House salad **£3.50**

Fries **£2.75**

Rice **£2.10**

Coleslaw **£1.95**